

### CELEBRATE WITH ZIYAD

A SERIES OF FESTIVE RECIPES





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### CELBRATE WITH ZIYAD

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THE STORY OF ZIYAD

### INTRODUCTION

Ziyad has been celebrating Middle Eastern food with friends and family for generations. Our food, culture, and traditions have brought countless people together from all over the world. Now, more than ever, people are getting more involved in the kitchen and are turning to cooking to help bring them closer to family & friends.

This book is the first collection of our favorite comfort foods that are meant to be shared with the ones you love. We'll be continuing this cookbook series with new releases of seasonal and themed ebooks in the future. We hope that these special dishes will be the centerpiece that sparks wonderful conversation, beautiful moments, and positivity around the table.

Let's celebrate together.



### STUFFED MEDJOOL DATES

### INGREDIENTS -



TIME 30 MINUTES

Ziyad Brand Medjool Dates

SERVING 4-6 PEOPLE

6 Ziyad Brand Syrian Cheese οz Cut into wedges. Serve warm.

tbsp Ziyad Brand Pistachios Chopped

DIFFUCULTY

Fresh thyme leaves tbsp

12

Sultan Brand Olive Oil For drizzling

### DIRECTIONS

### STEP I

Preheat the oven to 350° F. Slice an opening into one side of the date and take the pit out. You are creating a pocket for fillings.

### STEP II

Add a wedge of cheese. Drizzle with olive oil and/or sprinkle with fresh thyme leaves. Bake at 350°F for 10 minutes until the cheese softens and the dates are warmed through. Sprinkle with pistachios to finish.

# SNACKS

STUFFED MEDJOOL DATE

S



# SNACKS AND APPETIZERS

GREEN HUMMUS



### GREEN HUMMUS

	INO	GREDIENTS ——	TIME 10 MINUTES
1		14oz can Ziyad Brand Ready to Eat Hummus	SERVING 4 PEOPLE
		Juice of one lemon	_
1		Garlic clove	DIFFUCULTY  EASY
1	c u p	Fresh cilantro Roughly chopped	
1/2		Jalapeño Seeds removed (more if you like more heat)	
1/4	t s p	Ziyad Brand Cumin	TO GARNISH
2	t b s p	Sultan Brand Olive Oil	Add jalapeños, chopped cilantro and pine nuts.
		Ziyad Brand Pine Nuts	

### DIRECTIONS

### STEP I

Add all the ingredients to a food processor except the olive oil. Blend until you have a thick paste. Add in the remainder of the ingredients. Thin with water if necessary, 1 tablespoon at a time until desired consistency.

### TO SERVE

Spread on a plate with a nice drizzle of olive oil. Top with your favorite garnish such as a sprinkle of cumin, chopped cilantro, pine nuts or jalapeños. Serve with pita bread, chips, and cut up vegetables.

### STORAGE

Hummus lasts 2-4 days in the fridge in a sealed container.

Sahfain!

### HUMMUS WITH LAMB

	ING	REDIENTS —	TIME 30 MINUTES
2	t b s p	Sultan Brand Olive Oil	SERVING
7	o z	Beef or lamb Diced	4 PEOPLE DIFFUCULTY
1/4	t s p	Pinch of Ziayd Brand Liyye Powder	EASY
1/4	t s p	Pinch of Ziyad Brand Allspice	
1/2	t s p	Salt	
2	t s p	Ziyad Brand Pomegranate Molasses	
1	t s p	Ziyad Brand Pine Nuts	
1		140z can Ziyad Brand Ready to Eat Hummus	TO GARNISH
		Mixed well to combine	Drizzle of olive oil with toasted nuts.

### DIRECTIONS

### STEP I

Heat the olive oil in a large frying pan over medium-high heat. Add the meat. Season with liyye powder, allspice powder and salt. Cook for 10 minutes until browned and no longer pink.

### STEP II

Add the pomegranate molasses. Add the pine nuts. Remove from heat.

### STEP III

Serve the hummus in a bowl. Top the hummus with beef mixture and drizzle with olive oil.

Sahtain!

Recipe by: Chef Joe Barza

### SNACKS AND APPETIZERS

HUMMUS WITH LAMB



# SNACKS AND APPETIZERS

HERBED LABNA DIP



### HERBED LABNA DIP

### INGREDIENTS —



TIME 20 MINUTES



SERVING
4-6 PEOPLE



DIFFUCULTY

1½ cups Ziyad Brand Labna

Fresh mint leaves Chopped

10-15 Large basil leaves Chopped

1/4 cup Fresh dill Chopped

Salt

½ tsp Ziayd Brand Aleppo Pepper

Zest of one lemon

3 tbsp Sultan Brand Extra Virgin Olive Oil

Garlic clove
Finely minced

More herbs for garnish

### DIRECTIONS

### STEP I

Spoon the labna into a serving bowl. Whisk the labna until smooth. Add two tablespoons of olive oil and whisk to combine. Add garlic, lemon zest, Aleppo pepper, salt to taste, and chopped herbs. Reserve some herbs to garnish.

### STEP II

Drizzle the remaining olive oil on top. Serve with cut up vegetables and pita bread.

### FATTOUSH SALAD

INO	GREDIENTS ——			TIME 30 MINUTES
S A L	A D INGREDIENTS			₩ SERVING
1	Head of Romaine lettuce Washed, dried, and chopped			4 PEOPLE  DIFFUCULTY
3	Tomatoes Chopped			EASY
3	Small Persian cucumbers or one large English cucumber, diced		DRE	S S I N G
1	Bell pepper Chopped	1/3	c u p	Juice of two lemons <u>Sultan Brand Extra Virgin Olive Oil</u>
4-5	Radishes Diced	2	t b s p	Ziyad Brand Sumac
3	Green onions Chopped	1		Salt Garlic Clove
1 cup	Fresh Italian parsley Chopped	1	t s p	Minced  Ziyad Brand Dried Mint Leaves
½ cup	Fresh mint Chopped			
2	Pita bread About 7 in. cut into bite-size pieces			

### DIRECTIONS

### STEP I

To make the dressing, add all the dressing ingredients to a mason jar. Shake well to combine.

### STEP II

Preheat the oven to 425°F (8-10 min). Place pita bread on a baking sheet and toast in the oven until completely dried out and toasted ( we are looking for crispy bread but not burnt). Set aside to cool. You can also fry your pita bread chips.

### STEP II

Combine lettuce, tomatoes, cucumbers, green onions, radishes, bell pepper, mint and chopped parsley. Toss the vegetables to combine. Add the dressing when ready to serve. Top the lettuce with the crispy pita right before serving to avoid getting the bread soggy.

### SOUPS, SALADS AND SIDES

ATTOUSH SALA



# SOUPS, SALADS, AND SIDES

M A C n S W I T HS O U P ENTIL 口 R E D



### RED LENTIL SOUP WITH SUMAC

### INGREDIENTS -TIME 35 MINUTES t b s p Sultan Brand Olive Oil SERVING 4-6 PEOPLE 2 Large carrots Peeled and diced DIFFUCULTY EASY Yellow onion 1 Peeled and diced 3 Cloves of garlic 16 oz Ziyad Brand Red lentils Rinsed and drained Water or low-sodium vegetable or chicken broth TO GARNISH About 2 quarts (if too thick add more) Add lemon wedges, 1 Bay leaf radishes, green onion, Ziyad Brand Cumin cilantro leaves, Ziyad 2 tsp Brand Sumac, Sultan tsp Ziyad Brand Coriander Brand Olive Oil, and Ziyad Brand Labna. Ziyad Brand Turmeric 1 tsp Pinch of Ziyad Brand Hot Crushed Red Pepper Flakes Salt and pepper

### DIRECTIONS

### STEP I

In a Dutch oven, heat the olive oil over medium heat. Sauté onions, garlic and carrots for 5-7 minutes until translucent. Add spices and salt and cook for an additional minute.

### STEP II

Add the lentils, water or broth, and bay leaf. Bring to a boil, then turn the heat down to low and let it simmer until the lentils begin to fall apart and they become creamy all on their own. Add more water or stock if needed. The lentils will thicken as they cook about 20-30 minutes. Stir soup often so it does not stick to the bottom of the pot.

### STEP II

Serve in bowls with the optional garnishes of radishes, green onions, cilantro leaves, lemon wedges, crispy pita chips, a squeeze of lemon juice and a sprinkle of sumac.

### FREEKEH PILAF

	ING	GREDIENTS ——	TIME 40 MINUTES
2	cups	Ziyad Brand Freekeh Picked over, rinsed a few times and drained	SERVING 4 PEOPLE
4	c u p s	Chicken stock or water	DIFFUCULTY
2	t b s p	Sultan Brand Olive Oil	EASY
		Salt and pepper to taste	
1/2	t s p	Ziyad Brand Allspice	
1/4	t s p	Ziyad Brand Cinnamon	
1/4	t s p	Ziyad Brand Cardamom	
		A few grates of fresh nutmeg	SERVING SUGGESTION
1		Bay leaf	Top with roasted nuts. Serve with Dana Plain
1/4	c u p	Ziyad Brand Almonds Or pine nuts	Yogurt, roasted chicken and raisins.

### DIRECTIONS

### STEP I

(Clean the freekeh by sifting the grains on a tray with your fingers several times over making sure to remove any hulls etc. Wash the freekeh several times, drain and set aside). Heat the oil in a heavy pot. Add prepped freekeh, spices, bay leaf, and toss to combine. Add the stock or water into the pot and bring the mixture to boil adjusting the seasoning to taste.

### STEP II

Reduce the heat to a simmer, cook for 35-40 minutes or until all the liquid has been absorbed and the freekeh is cooked through.

### STEP III

The freekeh shouldn't be crunchy but it needs to hold its shape–it's naturally chewy and al dente. Fluff with a fork, garnish with roasted nuts, yogurt and raisins then serve.

# SOUPS, SALADS , AND SIDES

R E Ħ K E Η



# AND SIDES SOUPS, SALADS

CHICKEN FREEKEH SOUP



### CHICKEN FREEKEH SOUP

	ING	GREDIENTS —			TIME 90 MINUTES  SERVING
	C H I	CKEN BROTH			4-6 PEOPLE
1	1 b	Boneless chicken thighs			DIFFUCULTY
1		Onion Peeled and halved		S O U	P
1		Bay leaf	1		Onion
1		Small Ziyad Brand Cinnamon Stick			Chopped
8	cups	Water or about 2 liters	2		Carrots Peeled and diced
		Any vegetable aromatics Celery, carrots etc.	2	cups	Ziyad Brand Freekeh Picked and washed
					Salt and freshly ground black pepper
		PREPARATION SUGGESTION	1/2	tsp	Ziyad Brand Seven Spice
	F	or a quicker recipe, substitute with ready	1/2	tsp	Ziyad Brand Ground Cardamom
		made broth and rotisserie chicken.	2	tbsp	Sultan Brand Olive Oil

### DIRECTIONS

### STEP I

Add all chicken broth ingredients to a pot and add the water. Bring pot to a boil, skimming any foam that floats on top. Lower the heat and simmer for around 45 minutes until the chicken is tender. Take out the chicken pieces and shred the meat. Strain the broth and set aside.

### STEP II

(Clean the freekeh by sifting the grains on a tray with your fingers several times over making sure to remove any hulls etc. Wash the freekeh several times, drain and set aside). Sauté the chopped onions in olive oil on medium heat until softened about 5 minutes. Add the freekeh and carrots to the onions along with the spices.

### STEP III

Add the strained chicken broth and bring the mixture to a boil. Simmer for around 25 minutes then add the shredded chicken for the last 10 minutes of cooking. Make sure to adjust liquid levels again by adding more water, if needed, until cooked through.

### BAKED WHOLE SEA BASS WITH TAHINI DRESSING

	ING	GREDIENTS —			TIME 30 MINUTES
1		Large whole bone in fish Such as sea bass, cleaned, scaled and gutted			SERVING 2PEOPLE
2	t b s p	Sultan Brand Olive Oil			DIFFUCULTY
2		Cloves of garlic			MEDIUM
1		Lemon Halved		TAH	INI SAUCE
		Handful of fresh parsley	2		Cloves of garlic Finely minced
		Salt and freshly cracked	1/2	tsp	Salt
		black pepper		- · · ·	Adjust to taste
1/2	t s p	Ziyad Brand Cumin	1/2	c u p	Ziyad Brand Tahini
1	t s p	Ziyad Brand Coriander	1/4	c u p	Fresh lemon juice
			1/2-3/4	c u p	Cold water

### DIRECTIONS

### TO MAKE TAHINI SAUCE

In a food processor or a mixing bowl, combine all ingredients except water. Drizzle water in slowly until you get the consistency you like. At first, tahini will appear clumpy but it will become smooth as you drizzle in water. The best part about making your own tahini sauce is that you can adjust all the ingredients to your taste. If you want more garlic or lemon, add more. If tahini gets thick as it sits, drizzle in a bit more water and stir to combine.

### TO COOK THE FISH

Heat oven to 450°F. Line a rimmed baking sheet with aluminum foil, or grease pan with oil. Pat fish dry with paper towels. Use a sharp knife to lightly score the top of the fish in diagonal lines about 1-inch apart. Brush the fish generously on both sides with the olive oil. Stuff the cavity with: lemon slices, garlic and parsley. Season the fish generously with salt, black pepper, cumin and coriander.

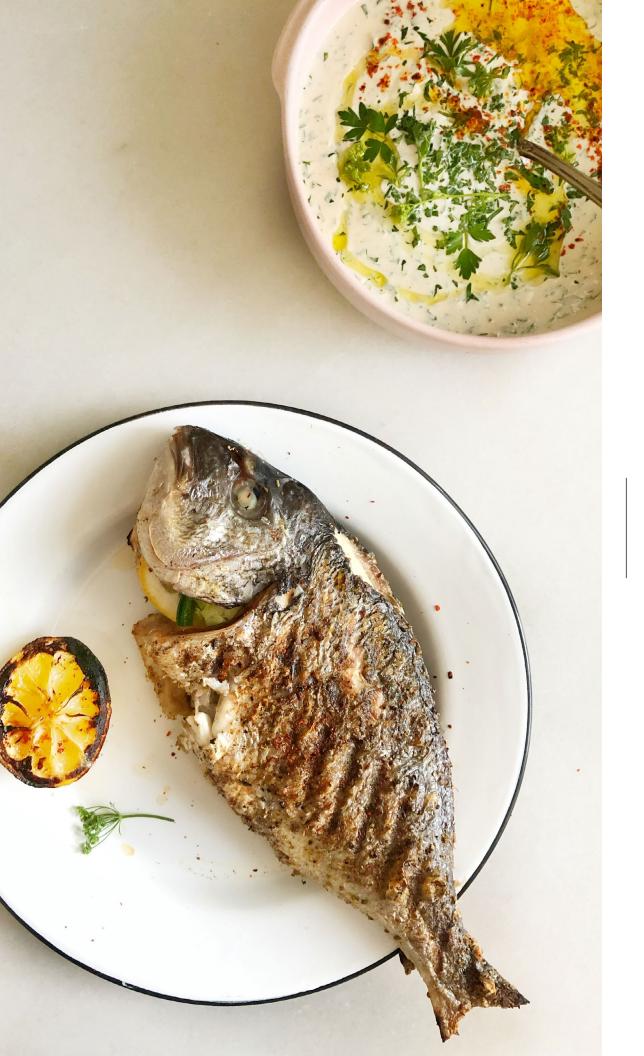
### STEP III

Roast the fish for 18-20 minutes, or until the fish reaches an internal temperature of 145°F and flakes easily with a fork. (Cooking time will vary depending on the size of fish.) Remove from the oven, and drizzle tahini sauce all over the top of the fish or serve on the side. Serve warm with extra tahini sauce and lemon wedges.



## MAIN DISHES

BAKED WHOLE SEA BASS WITH
TAHINI DRESSSING



## MAIN DISHES LAMB SHANKS



### LAMB SHANKS

### INGREDIENTS — 120 MINUTES 1 tbsp Ziyad Brand Butter Ghee SERVING 4 PEOPLE Lamb shanks French trimmed DIFFUCULTY MEDIUM 1 Onion Finely chopped 2 Galic cloves Ziyad Brand Allspice 2 tsp TO GARNISH Ziyad Brand Ground Cardamom t s p Fresh parsley to garnish. Serve Ziyad Brand Ground Cinnamon 1 tsp with rice or freekeh pilaf. Salt and pepper

### DIRECTIONS

1

1

Bay leaf

cups Chicken stock or water

28 oz can of diced tomatoes

### STEP I

Season the lamb shanks with allspice, ground cardamom, salt, pepper and cinnamon. Heat the ghee in a pot over medium-high heat. Sear the lamb shanks until brown on all sides (about 5-7 minutes).

### STEP II

Transfer the lamb shanks to a plate. Add the onion and garlic to the same pot and cook until softened, for 3-5 minutes. Return the lamb shanks to the pot.

### STEP III

Add the stock and diced tomatoes. Bring the mixture to a boil. Add the bay leaf. Reduce heat to medium-low and simmer, covered for 1 hour. Uncover and cook, stir every now and then for 30 minutes or until the lamb is tender.

### STEP III

To serve, plate the lamb shanks on a platter and top with sauce. Serve with rice or freekeh pilaf (recipe on page 18).



### STUFFED VINE LEAVES

1 lb Minced beef meat 85% lean 15% fat 2 cups Short grain rice 1 Packet of Ziyad Brand Liyye Seasoning 1 tbsp Ziyad Brand Ghee or Sultan Brand Olive Oil 1½ tsp Ziyad Brand Allspice 1/4 tsp Ziyad Brand Ground Nutmeg Salt and pepper to taste 1 Jar of Ziyad Brand Grape Leaves 1 tsp Sultan Brand Olive 2 tbsp Fresh lemon juice	
Packet of Ziyad Brand Liyye Seasoning  1 tbsp Ziyad Brand Ghee or Sultan Brand Olive Oil  1½ tsp Ziyad Brand Allspice  1/4 tsp Ziyad Brand Ground Nutmeg  Salt and pepper to taste  1 Jar of Ziyad Brand Grape Leaves  1 tsp Sultan Brand Olive	
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1 Jar of Ziyad Brand Grape Leaves 1 tsp <u>Sultan Brand Olive</u>	
l tsp <u>Sultan Brand Olive</u>	
2 tbsp Fresh lemon juice	<u>Oil</u>
1-2 tbsp Ziyad Brand Tomato optional	) Paste

### DIRECTIONS

### STEP I

Rinse the rice a few times until water runs clear. Strain. Add meat, ghee and spices to strained rice and mix well to combine. Strain the grape leaves from the jar and rinse a few times under cold water to get rid of the pickling salt. Strain from water and set aside.

### STEP II

Lay the grape leaves on a flat surface with rough side facing up. Add one teaspoon of rice and meat mixture to the middle of the leaf, fold in both sides and roll as tightly as you can just like you would with an egg roll to ensure the rice stuffing stays inside. Add your rolled grape leaves into a heavy pot in layers, make sure they are snug together (seam side down) to prevent leaves from opening while cooking.

### STEP III

Mix all broth ingredients together and set aside.

### STEP IIII

Cover your stuffed grape leaves with the prepared cooking broth (just enough to cover the leaves). Let the mixture come to a boil for 10 minutes on high then cover the pot. Lower the heat to simmer and cook until the rice and meat are cooked through and leaves are tender, about 1.5 hours, checking at 60 minutes. Make sure there is always liquid in the pot so the grape leaves don't burn. **Tip:** To prevent the grape leaves from moving around and opening while cooking, cover the top layer with a heat resistant plate slightly smaller than the pot.

## MAIN DISHES

STUFFED VINE LEAVES



### MAKLOUBEH (A ONE POT DISH)

### INGREDIENTS —

- 2 cups Sultan Brand Basmati Rice
- 1 Small head of cauliflower
  Cut into small bite-size florets
- 1 Medium eggplant Sliced into rounds
- Tomato
  Sliced into rounds
- 1 Large onion Thinly sliced
- Whole chicken
  Cut up into 6-8 pieces or about 3 ½ pounds bone-in
  chicken pieces (You can also use chicken tighs)
- 1 tbsp Ziyad Brand Seven Spice

Water

Salt and black pepper

1/3 cups Canola or vegetable oil

About an inch for frying the vegetables plus more for the nuts



EASY

### TO GARNISH

Garnish with Ziyad Brand Pine Nuts or Raw Almonds and Ziyad Brand Yogurt.

### DIRECTIONS



### STEP I

Wash the rice a few times until the water runs clear. Drain it and discard the water. Toss the rice with the spices and set aside. To prep the vegetables: in a non-stick heavy pot, heat 1 inch of neutral oil over medium-high heat until simmering hot, then fry the vegetables separately and in batches until browned.

### STEP III

In the same pot, season the chicken with salt and pepper and brown on both sides. About 5-7 minutes per side. Take out the chicken and add the onions. Sauté until translucent, about 5 minutes. Remove from the pot. Remove all excess oil. Make sure you have no more than a table-spoon of oil at the bottom of the pot.

### STEP II

Start with the cauliflower florets, fry about 7 minutes per batch. Drain on a paper towel then fry the eggplant in one layer until browned, about 4 minutes per batch. Drain on a paper towel. (If the eggplant is too oily, press on it with paper towels to absorb the excess oil). Pour out the excess oil, keeping about 3 tablespoons in the pot. set all the vegetables aside.

### STEP IV

In the same pot, we are going to start layering to create the makloubeh signature look. First, arrange the tomatoes, add chicken pieces skin side down and vegetables. Add onions. Add the seasoned rice. Cover with water about ½ an inch over the rice. Let it come to a boil. Lower heat to simmer. Cover the pot. Let it cook on low until rice is fluffy and chicken is cooked through and the water is fully absorbed. About 45-60 minutes. Don't flip the pot just yet. Let it rest for 10-15 minutes so it holds its shape. Invert the pot into a serving platter slightly bigger than the pot.

### STEP V

Place a very large serving dish (slightly larger than the pot) on top of the pot, then, protecting your hands, invert the pot onto the dish in one smooth motion. Gently and carefully lift off the pot. Be careful, it's still hot. Garnish with toasted nuts. Enjoy with a simple salad or plain yogurt.

### MAKROUTA COOKIES

	ING	GREDIENTS ——			TIME 40-60 MINUTES
	D O U	GH			<i>w</i>
3	c u p s	All purpose flour			SERVING 40 PIECES
1/4	c u p	Powdered sugar			DIFFUCULTY
2	t b s p	Nido Dry Whole Milk Powder			MEDIUM
1	t s p	Ziyad Brand Ground Mahlab		FILI	L I N G
2	t b s p	Ziyad Brand Ground Anise	1-13	o z	Ziyad Brand Baking Date Paste
2	t b s p	Ziyad Brand Anise Seeds	1	t s p	Ziyad Brand Butter Ghee
1 ½	c u p s	Semi-melted vegetable shortening	1	t s p	Ziyad Brand Cinnamon
1/2 - 3/4	c u p	Water	1	t b s p	Ziyad Brand Anise Seeds
	T O P	P I N G			
1	c u p	Ziyad Brand Raw Sesame Seeds			
2	t b s p	Simple syrup or melted honey			

### DIRECTIONS

### STEP I

In a large bowl, mix together all the dough ingredients except water. (You can do this on a mixer using the paddle attachment or with your hands.) Slowly add in water until the dough comes together. Keep the dough covered with plastic wrap to avoid drying out. In another bowl, combine the filling ingredients and set aside. In a shallow pan, mix the topping ingredients and set aside.

### STEP II

Roll the dough out on a clean surface, adding flour to the rolling pin to avoid sticking. Roll out dough to about 1 inch in thickness into a rectangular shape. Roll some of the date paste into a log (not too thin or thick). Lay this date paste log closest to you on the dough. Roll the dough over the date paste tightly into a log then use a pizza cutter to cut off the excess dough.

### STEP III

Keep repeating with the dough making logs. Using the same pizza cutter, make diagonal cuts to the stuffed log to make your cookies. Dip the cookie into the topping and place on a parchment-lined baking sheet. Bake in a 375°F oven for 15-20 minutes until a light brown color on top. Serve room temperature. Store these in an airtight container in room temperature for about a month. These can also be frozen and thawed out before serving.

## S W E E T S M A K R O U T A C O O K I E S



### SMEETS

NO-BAKE DATE BALLS



### NO-BAKE DATE BALLS

### INGREDIENTS —



13 oz <u>Ziyad Brand Date Paste</u>

2 cups Ziyad Brand Walnuts

1/4 cups Ziyad Brand Shredded Unsweetened Coconut Flakes

½ tsp Ziyad Brand Cinnamon

Pinch of salt





### DIRECTIONS

### STEP I

In a food processor, pulse the walnuts until roughly chopped. Add in the date paste and cinnamon and pulse for 10-15 seconds until it comes together. Pulse until thoroughly combined.

### STEP II

Using a small 1 tablespoon cookie scoop, form small balls by rolling between the palm of your hands. Place coconut in a small plate.

### STEP III

Roll the date bites into shredded coconut, pressing gently so they adhere. This makes about 12-14 bites.

### QATAYEF WITH WALNUT FILLING

### INGREDIENTS —

### DOUGH

- 3 cups Water
- 2 cups Flour
- ½ cup Ziyad Brand Semolina
- 2 tbsp Sugar
- 1 tbsp Baking powder

Pinch of salt

### FILLING

- 1 cup Ziyad Brand Walnuts
  Chopped
- 2 tbsp Ziyad Brand Unsweetened Coconut
- ½ tsp Ziyad Brand Cinnamon
- 1 tbsp Sugar

### SIMPLE SYRUP

- 2 cups Sugar
- 1½ cups Water
- 1 tsp Lemon juice
- 1 tsp Ziyad Brand Orange Blossom Water
- 1 tsp Ziyad Brand Rose Water

### $T\ O\quad C\ O\ O\ K\quad Q\ A\ Y\ A\ T\ E\ F$

2 tbsp Ziyad Brand Butter Ghee

Baking tray covered in parchment paper



TIME

40 MINUTES



SERVING
18-20 PIECES



DIFFUCULTY MEDIUM

TO GARNISH

Garnish with crushed nuts.

### DIRECTIONS



### STEP I

In a blender, add the dough ingredients in the order above starting with the water. Combine all the dough ingredients. Mix for a few minutes until you have a smooth batter, no lumps and make sure you scrape the sides to fully incorporate the dough. Let the batter rest for 30 minutes.

### STEP III

Place each qatayef round in the palm of your hand, the bubbled (uncooked side) facing you. Add about 2 teaspoons of your filling in the middle making sure not to over fill them. Fold the round on itself, creating a crescent shape or half moon. Pinch the edges together firmly to seal and ensure the filling stays inside. Set aside and cover with clean towel until you are done filling the rest. Transfer all your filled qatayef to your prepared baking sheet. Brush each one with the melted ghee. Put your tray in the preheated oven for 15-20 minutes until the qatayef are golden and a bit crispy (can also deep fry your qatayef until golden brown).

### STEP II

Heat a nonstick shallow pan over medium low heat. A pancake griddle works real well here. Using a ½ cup measure, pour the batter onto the heated pan or griddle, just like you would with pancakes. You don't need to grease the pan. Unlike pancakes, you only need to cook them on one side. So you will notice that the surface will start forming bubbles. Once the bubbles are set and no longer wet, your qatayef is ready. Transfer the cooked qatayef to a baking tray covered with a kitchen towel. Place the qatayef round bubbles facing up and cover them with another clean kitchen towel so they don't dry out. Repeat the process until you finish the batter.

### STEP IV

In a heavy pot, add the sugar and water. Whisk to combine. Cook on medium heat for 10-15 minutes until the sugar is completely dissolved and the mixture is a bit syrupy. Add the lemon juice, cook for an additional minute. Turn off the heat and add your orange blossom or rose water. Using a slotted spoon, quickly dip the hot qatayef in the warm simple syrup. Serve warm. Sprinkle them with crushed nuts if you wish. Serve immediately.

### D R I N K S

AIL  $\succeq$ C 0 M FIZZY N A T E A  $\simeq$ Ŋ Ш M 0 Ъ



### POMEGRANATE FIZZY MOCKTAIL

### INGREDIENTS —

16 oz Ziyad Brand Pomegranate Juice

4 oz Orange juice

1 tsp Ziyad Brand Orange Blossom Water

Ginger ale or sparkling water





SERVING
4 PEOPLE



DIFFUCULTY

### GARNISH:

Garnish with pomegranate arils, strips of orange peel and lots of ice.

### DIRECTIONS

### STEP I

Combine the first 3 ingredients in a large pitcher. Stir to combine.

### STEP II

When ready to serve, pour drinks over ice and top with 3 parts juice and 1 part ginger ale or sparkling water.

### STEP III

Garnish with an orange peel and some pomegranate seeds.

### QAMAR AL DIN ICE TEA

### INGREDIENTS —

1 14 oz Ziayd Brand Qamar Al Din Pack

Unsweetened ice tea
To taste

Ice cubes

Lemon wedges
To garnish



### DIRECTIONS

### STEP I

Take the qamar out of its wrap and chop it into bite size pieces. A pair of scissors might be easier for this job. Place the qamar al din in a bowl, add the water and soak 4-5 hours stirring every hour or so. If your fruit leather is soft and pliable it will take no more than an hour or less to soften. Add the soaking water and the softened qamar al din to a high speed blender and blend until it's super smooth. Strain from any unblended lumps.

### STEP II

Refrigerate until ready to use. Add the qamar al din syrup to the unsweetened ice tea, add a lemon wedge and ice to serve.

Tip: You can adjust the ration of gamar ald in syrup to your ice tea according to taste.

### DRINKS

QAMAR AL DIN ICE TEA



### DRINKS SAHLAB



### SAHLAB

### INGREDIENTS —

- 1 Packet of Ziyad Brand Sahlab
- 4 cups Cold milk



TIME

15 MINUTES PLUS CHILLING TIME



SERVING

4-6 PEOPLE



DIFFUCULTY

### GARNISH

Garnish with cinnamon, cocoa powder, dried fruits, coconut or finely chopped nuts.

### DIRECTIONS

### STEP I

In a sauce pan, mix the contents of the packet with 4 cups of cold milk.

### STEP II

Stir continuously over medium-low heat, until mixture is thickened and smooth.

### SERVE HOT

Pour immediately into mugs if you are drinking as hot beverage, or pour into serving bowls and allow to cool a bit before refrigerating. Garnish with cinnamon or cocoa powder or dried fruits with coconut or finely chopped nuts.

### SERVE COLD

If serving cold, let it set for 2 hours in the fridge before serving. Garnish with cinnamon or cocoa powder or dried fruits with coconut or finely chopped nuts.



### JALLAB

### INGREDIENTS —

Ziyad Brand Jallab Syrup

Water

Ziyad Brand Pine Nuts To garnish

Ziyad Brand Raisins
To garnish

Ice cubes



DIFFUCULTY
EASY

### DIRECTIONS

### STEP I

In a serving pitcher dilute 4 parts cold water to one part jallab syrup (adjust to taste).

Add ice before serving.

### STEP II

Top with Ziyad Brand Pine Nuts and Ziyad Brand Raisins.

### DRINKS



### $S\ H\ O\ P\ P\ I\ N\ G\quad L\ I\ S\ T\quad I\ N\ D\ E\ X$

Stuffed Medjool Dates	7	Olive Oil		Bay leaf	
Sultan Brand Olive Oil		Ziyad Brand Dried Mint Leaves		Chicken stock or water	
Ziyad Brand Medjool Dates		Ziyad Brand Sumac		Fresh nutmeg	
Ziyad Brand Pistachios		Bell pepper		Salt	
Ziyad Brand Syrian Cheese		Fresh Italian parsley		Pepper	
Fresh thyme leaves		Fresh mint			
		Garlic		Chicken Freekeh Soup	21
Green Hummus	9	Green onion		Sultan Brand Olive Oil	
Sultan Brand Olive Oil		Lemons		Ziyad Brand Cinnamon Stick	
Ziyad Brand Cumin		Pita bread		Ziyad Brand Freekeh	
Ziyad Brand Ready to		Radishes		Ziyad Brand Ground Cardamon	
Eat Hummus		Romain lettuce		Ziyad Brand Seven Spice	
Ziyad Brand Pine Nuts		Salt		Bay leaf	
Fresh cilantro		Small Persian cucumbers		Black pepper	
Garlic clove		Tomatoes		Boneless chicken thighs	
Jalapeño				Carrots	
Lemon		Red Lentil Soup	17	Celery	
		With Sumac		Onion	
Hummus With Lamb	11	Sultan Brand Olive Oil	П	Salt	
Sultan Brand Olive Oil		Ziyad Brand Coriander	$\Box$	Water	
Ziyad Brand Allspice		Ziyad Brand Cumin	$\overline{\Box}$		
Ziyad Brand Liyye Powder		Ziyad Brand Red Lentils		Baked Whole Sea Bass	23
Ziyad Brand Pine Nuts		Ziyad Brand Red Pepper Flakes		with Tahini Dressings	
Ziyad Brand Pomegranate		Ziyad Brand Sumac		Sultan Brand Olive Oil	
Molasses		Ziyad Brand Turmeric		Ziyad Brand Coriander	
Ziyad Brand Ready to Eat		Bay leaf		Ziyad Brand Cumin	
Hummus		Chicken broth		Ziyad Brand Tahini	
Beef or lamb		Cilantro		Black pepper	
Salt		Garlic		Fresh parsley	
		Greek yogurt		Garlic cloves	
Herbed Labna Dip	12	Green onion		Large whole bone in fish	
Sultan Brand Extra Virgin		Large carrots		Lemons	
Olive Oil		Lemon		Salt	
Ziyad Brand Aleppo Pepper		Pepper		Water	
Ziyad Brand Labna		Salt			
Large basil leaves		Yellow onion		Lamb Shanks	25
Fresh dill				Ziyad Brand Allspice	
Fresh mint leaves		Freekeh Pilaf	19	Ziyad Brand Butter Ghee	
Garlic clove		Sultan Brand Olive Oil		Ziyad Brand Ground Cardamon	
Lemon		Ziyad Brand Allspice		Ziyad Brand Ground Cinnamon	
Salt		Ziyad Brand Almonds		Bay leaf	
		Ziyad Brand Cardamon		Chicken stock or water	
Fattoush Salad	15	Ziyad Brand Cinnamon		Can of diced tomatoes	
Sultan Brand Extra Virgin		Ziyad Brand Freekeh		Garlic cloves	

### S H O P P I N G L I S T I N D E X

Lamb shanks		Ziyad Brand Raw Sesame Seeds		Ice cubes
Onion		All purpose flour		Lemon
Pepper		Powdered sugar		
Salt		Simple syrup or melted honey		Shalab
		Vegetable shortening		Ziyad Brand Shalab
Stuffed Vine Leaves	27	Water		Milk
Sultan Brand Olive Oil				
Ziyad Brand Allspice		No-Bake Date Balls	33	Jallab
Ziyad Brand Butter Ghee		Ziyad Brand Cinnamon		Ziyad Brand Jallab Syrup
Ziyad Brand Grape Leaves		Ziyad Brand Date Paste		Ziyad Brand Pine Nuts
Ziyad Brand Ground Nutmeg		Ziyad Brand Shredded		Ziyad Brand Raisins
Ziyad Brand Liyye Seasoning		Unsweetened Coconut Flakes		Ice cubes
Ziyad Brand Tomato Paste		Ziyad Brand Walnuts		
Chicken broth or water		Salt		
Lemon				
Minced beef meat		Qatayef With Walnut	35	
Pepper		Filling		
Salt		Ziyad Brand Butter Ghee		
Short grain rice		Ziyad Brand Cinnamon	$\overline{\Box}$	
C		Ziyad Brand Orange Blossom	$\overline{\Box}$	
Makloubeh	29	Water	_	
Sultan Brand Basmati Rice		Ziyad Brand Rose Water		
Ziyad Brand Pine Nuts or		Ziyad Brand Semolina		
Raw Almonds		Ziyad Brand Unsweetened		
Ziyad Brand Seven Spice		Coconut		
Ziyad Brand Yogurt		Ziyad Brand Walnuts		
Black pepper		Baking powder		
Canola or vegetable oil		Flour		
Cauliflower		Lemon juice		
Eggplant		Salt		
Large onion		Sugar		
Tomato		Water		
Salt				
Water		Pomegranate Fizzy	37	
Whole Chicken		Mocktail		
		Ziyad Brand Pomegranate Juice		
Makrouta Cookies	31	Ziyad Brand Orange Blossom		
Nido Dry Whole Milk Powder		Water		
Ziyad Brand Anise Seeds		Orange juice		
Ziyad Brand Baking Date Paste		Ginger ale or sparkling water		
Ziyad Brand Butter Ghee				
Ziyad Brand Cinnamon		Qamar Al Din Ice Tea	39	
Ziyad Brand Ground Anise		Ziyad Brand Qamar Al Din Pack		
Ziyad Brand Ground Mahlab		Unsweetened ice tea		



A SERIES OF FESTIVE RECIPES

